

# Joseph Berko Opoku - Curriculum Vitae

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GA 246 Celery Street, Ashongman Estate, Accra

Phone: +233 248 253 824

Email: opokujosephberko@gmail.com

## Professional Summary

Dedicated and compassionate Community Health Nurse with over 10 years of experience in maternal and child health, community outreach, and primary care. Skilled in preventive services, patient education, adolescent HIV care, medical and surgical care, telemedicine, and HIV prevention for marginalized communities. Known for implementing successful community-based nutritional rehabilitation programs and coordinating impactful volunteer-driven health initiatives.

## Key Skills

- - Community health outreach and education
- - Maternal and child health services
- - Adolescent health services and school health services
- - Adolescent HIV care and counseling
- - HIV prevention for key and marginalized communities
- - Community-based nutritional rehabilitation programs
- - Growth monitoring and nutrition assessment
- - IMCI, family planning, immunization and cold chain
- - HTS (HIV testing and counseling), DHIS2 reporting
- - Medical and surgical care
- - Health education and tele-nursing on TV
- - First Aid, CPR, documentation, team coordination



## Education

BSc Community Health Nursing, Wisconsin International University College (2020 – 2023)  
Second Class Upper Honours

Certificate in Community Health Nursing, Community Health Nurses Training School,  
Esiama (2010 – 2012)

## Work Experience

Principal Community Health Nurse (Community Health Officer), Ashongman RCH – Jan  
2024 to Present

Principal Community Health Nurse, Princess Marie Louise Children's Hospital – Mar  
2017 to Oct 2023

Community Health Nurse, Chando CHPS – May 2013 to Feb 2017

Key Roles at PML: Adolescent health, school health services, ART nurse, HIV prevention  
for key populations

## Certifications & Awards

- Presidential Award to frontline health staff during the COVID-19 pandemic
- Personality of Public Service – Nuel's Initiative (Feb 2023)
- Training on Adolescent HIV Care – Zvandiri Initiative, Zimbabwe
- Best Smile Training for Dental Hygiene – Colgate Company, April 2024

## Volunteer Experience

Programs & Project Director, Peer Wellness Ghana – Mar 2022 to Oct 2023

- Initiated Peer Hangout, Pink Summit, and Adolescent Health Week

Outreach Coordinator, Gold Coast Literacy Program – Aug 2023 to Present

Health Bureau Head, Street Fund Global – Aug 2023 to Jan 2025

## Conferences

Local Conference for Youth in Climate Change, Ghana – 2022, 2023, 2024

## Leadership

Course Representative during university days



## Research Support

Assisted data collection for 4 MPH theses in pediatric HIV and breastfeeding

## Professional Associations

- Ghana Registered Nurses and Midwives Association (GRNMA)

## Languages

English (Fluent). No additional languages.

