

ZAKARIA AMIDU

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Professional Summary

A goal oriented registered nurse with over 10 years' experience in nursing, talented at conducting patient assessment and developing individualized care plans. I am a compassionate nurse with a dedication to providing quality eye care to rural communities. I have ability to work in fast- paced environment, collaborate with other health care workers and organizations as well. My nursing care priorities are, promoting recovery goals and improving overall health of patients.

Work History

KUMBUNGU HEALTH CENTER

AUGUST 2020 TO CURRENT

DUTIES AND RESPONSIBILITIES

- Performing comprehensive assessments of patients including ocular assessment to identify immediate care needs and formulate individualized plans of care to restore and promote patient health and recovery.
- Planning, implementing and evaluating care delivery according to changing health needs of patients
- Delivering planned nursing care safely and effectively taking into account the views of patient and relatives
- Establishing and maintaining effective communication with patients and family members consistent with their level of understanding and their culture.
- Respecting confidential information obtained in professional practice.
- Obtaining visual acuity of both adults and children using age appropriate charts.
- Performing chalazion excision

- Assisting in all types of ocular surgeries
- Performing corneal and conjunctival foreign body removal
- Measurement of vital signs including blood pressure, blood glucose and intraocular pressure,
- Administration of medication including topical,oral, retrobulba and subconjunctival.
- Maintaining a safe and therapeutic environment for all patients
- Carrying out school health screening and community outreaches especially in hard to reach areas.
- Counselling patient/family on the prognosis of some disease conditions and care options available
- Participating in annual health review

KINGS MEDICAL CENTRE

JULY 2014 to NOV 2017

- **Departments worked in :** DIABETIC/HYPERTENSIVE CLINIC, OUT PATIENT/ EMERGENCY DEPARTMENT MEDICAL/SURGICAL DEPARTMENTS
- Assessed ,planned and implemented treatments with precision and care ,prioritizing patient wellbeing and ensured adequate pain relief for all patients
- Responded to emergency situations quickly within appropriate procedures
- Continually assessed individual patient needs to evaluate and implement optimal care programmes in line with Ministry of health best practices
- Assessed the care needs of patients and implemented plans of nursing care including, provision of rest and comfort, patient observation, ensuring adequate nutrition and elimination,

administered prescribed medication, provided psychological support among others

- Dressed diabetic wounds and applied wound management protocols and procedures to facilitate patient recovery
- Facilitated patient admissions, transfers and discharges while delegating task and assignment and resolving conflicts and grievances
- Updated files using light wave health information management system(LHIMS)

SKILLS

- Community outreach planning and mobilization
- Skilled in patient assessment (Fundoscopic)
- Basic life support
- Computer literate
- caseload management
- Good communication skills
- Ability to work under pressure
- Geriatric care

Education

Ophthalmic nursing school, Korle bu Accra, Ghana Nov 2017 to Dec 2019

BSc in ophthalmic nursing

Nursing and midwifery training college Tamale, Ghana Sep 2009 to May 2012

Diploma in registered general nursing

RESEARCH EXPERIENCE

1. Zakaria, A. (2019). Factors affecting the use of traditional eye medication among farmers in kumbungu district of Ghana (Bachelors thesis). Ophthalmic Nursing School Korle Bu. (un published)

2. Zakaria,A.(2019). A case study on a patient with pan uveitis at Presbyterian Hospital Agogo (Bachelors). Ophthalmic Nursing School Korle Bu(un published)
3. A research study nurse(data collection) for Ghana access and affordability programe, a quasi experimental study to examine the effects of differential pricing on improving access to innovator medicines for the control of diabetes and hypertension at Kings Medical centre ,Ghana. Feb 2015 to Jul 2017

Refrees :

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