

INNOVATION

BACKGROUND

I work in Sekesua Health center a Health Facility in the Upper Manya Krobo District which is one of the deprived Districts in Ghana and come across a lot of pregnant women with high-risk pregnancies.

STATEMENT OF THE PROBLEM

The challenge in the community is that all pregnant women depend on their husbands/partners solely for decision making when it comes to their health even if some have the financial means to make decisions for themselves.

OBJECTIVES

To use the Mama-Papa class comprising of pregnant women and their husbands/partners to help the husbands/ partners understand health issues and emergencies discussed in the class to help in early and prompt interventions of the pregnant wives or partners.

PROPOSED CHANGE

The implementation of the mama-papa class which is a class held for pregnant women and their husbands/partners would help the husbands/partners who are the sole decision makers when it comes to the health needs of the pregnant women to get involved in ensuring that their wives /partners get the highest standard of care during labour, delivery, postnatal and assist to make an informed choice when it comes to family planning

IMPLEMENTATION

The mama papa class was implemented in 2024 in Sekesua after the Japanese Organization for International Cooperation in Family planning (JOICFP) asked that we try and see if it can work in Ghana.

The mama papa class was held once every month at the health facility for pregnant women and their husbands/partners to discuss and digest health issues such as preconception care, prenatal care, labour delivery, postnatal care and family planning.

OUTCOME

The implementation of the mama papa class has had a significant change in the lives of the pregnant women when it comes to decision making concerning their health because their husbands/ partners are present in the meeting and get to hear information directly from the midwife and are able to ask every question on their mind and leave with the right information received from the midwife during the class.

IMPACT

The man-papa class has had a great impact on the lives of male partners in Sekesua as they have come to understand the need for them to get involved in the health needs of their wives/partners.