

## **CURRICULUM VITAE**

### **1. CONTACT INFORMATION**

NAME: Grace Asare

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### **2. PERSONAL INFORMATION**

DATE OF BIRTH: 14<sup>th</sup> December, 1981

PLACE OF BIRTH: Winneba

CITIZENSHIP: Ghanaian

### **3. OPTIONAL PERSONAL INFORMATION**

MARITAL STATUS: Married

SPOUSE'S NAME: Brainard Ayisi Asare

SPOUSE'S OCCUPATION: Medical Doctor

CHILDREN: Two (2)

### **4. EMPLOYMENT HISTORY**

Grace Asare is a nurse with many years of work experience who has worked in various hospitals and has participated in many health service delivery activities. During this period, she has exhibited an excellent work ethic that has significantly inured to the benefit of all the hospitals she has worked in. She consistently coordinates all actives well with both patients and co-workers. She has also responsibly remained a focal person in specialized areas of nursing and health work in general.

These areas are as follows:

#### **INFECTION PREVENTION AND CONTROL (IPC) FOCAL PERSON AND TRAINER**

Grace Asare is the Institutional focal person for IPC, formerly for the Kwahu Government Hospital and currently for the Kade Government Hospital. She is a regional trainer who has taught IPC in different hospitals including Akuse Government Hospital, Kwahu Government Hospital and Kade Government Hospital. She has excelled in this role by ensuring the IPC principles are parts of the daily routines of the hospital in general at all units and departments. She has also routinely organized various in-service trainings (specifically by department) on IPC among different categories and cadres of staff of the hospitals. This has phenomenally contributed to increasing the capacity of staff on all IPC concerns.

#### **PIONEER AND LEAD COUNSELLOR (ART CLINIC) FOR HIV/AIDS SERVICES**

Grace Asare was a key member of the team that worked to establish an antiretroviral therapy (ART) clinic at the Kade Govt. Hospital. This clinic has currently grown and fully attained national recognition as one of Ghana's HIV/AIDS management centres. She remains committed to services to persons living with HIV (PLWHIV) and is specifically responsible for counselling of HIV positive hospital clients prior to their enrollment into care (i.e. antiretroviral care). Grace Asare has pioneered the tracing of patients who default treatment at any point of care and this has commendably contributed to attainment of treatment objectives. She has passionately campaigned

against stigmatization of PLWHIV and has continued to advocate for enhancement towards full appreciation of the world's 95-95-95 HIV policy among all staff.

### **NURSEMID DOCUMENTATION AMBASSADOR**

Grace Asare was part of the nurse managers who were first trained in Eastern Region on the new nursmid documentation to go back and train all nurses and midwives on same. Grace put together a team that she worked together with in Kade Government Hospital to train all staff. As a result-oriented person and a great team player, she spearheaded this assignment and has currently achieved 99% of staff of Kade Government Hospital, who know and use nursmid documentation in patient care.

### **WARD MANAGER**

As the head or ward manager of the Kade Govt. Hospital's male ward, she ensures the daily work on the ward is well coordinated. She continues to train all staff on her ward on the basic principles of ensuring commodity security with medicines, infusions and all other logistics. New staff on her ward are given an orientation prior to their joining the routine ward work. This continues throughout their stay till they are moved to another unit. Grace Asare has pioneered an initiative that aims to increase staff skills with doing scientific presentations on nursing-relevant topics. Nurses on her ward take turns in preparing various topics for presentation during ward conferences organized within the context of continuing professional education (CPD). This was also fully achieved when she was the ward manager in Kwahu Government Hospital too, where she was the ward manager for children's and surgical wards respectively at different periods. Grace Asare believes in capacity building and so makes sure she involves all staff in all ward activities including drawing of rosters. She is great at conflict resolution and believes without unity, the patients will suffer. She has excellent customer care skills and leads by pulling all along.

### **PRECEPTOR**

Grace Asare's role at the hospital include that of offering preceptorship training to nursing students and nurses doing their national service attached to the hospital as part of their training. She mentors such trainee nurses during the period of their attachments to the hospital for practical skills. She, in this regard, coordinates their practical learning by supervising rosters that includes other senior nurses from various wards. Her initiatives include going around to check up on students in all units/wards to ensure they are following the schedules prepared for them, to also find out any challenges they may have. She also initiated setting aside Thursdays and Fridays specifically for training nursing students at the hospital's conference room. Grace Asare looks for facilitators within the hospital and beyond to teach topics found to be a challenge for many. They are also allowed to share their experiences at these conferences. Grace Asare has also discovered preceptors in all units to help train the students in all the units as well. So many students who hear about what goes on in Kade Government Hospital, come in their numbers to the facility to have their clinicals and to experience same. This has been adopted as a laudable achievement of the hospital, indeed one of the best practices Kade Government Hospital boasts about. She precepts for many schools and coordinates activities with the schools cordially whenever their students are sent to Kade Government Hospital.

### CLINICAL EXAMINER

Grace Asare was a clinical examiner and an invigilator for Atibie Nurses and Midwives Training School for about 5 years. She also worked with Nursing and Midwifery Council (NMC) of Ghana as a clinical examiner for licensing exams for a couple of years too. She was also an assistant chief examiner for NMC for licensing exams once but took a break after that to concentrate on other matters after moving to Kade Government Hospital.

### NURSE ADMINISTRATOR

Grace Asare's role as a Principal Nursing Officer at the hospital notably includes participating in the day to day nursing administration issues where she coordinates with the hospital's director of nursing services to manage all the nursing affairs of the hospital, including appraisal of all staff, supervision of all the work done by nurses and midwives, organizing and chairing meetings, doing annual changes of staff, conflict resolution among staff, receiving and distribution of new staff, facilitating different workshops for staff, doing monitoring, writing and submitting reports to the regional health directorate quarterly. She has been very instrumental in this area and dedicated to quality of nursing services. Her work experience is summarized as follows:

No.	Hospital/Institution	Year	Department/Designation
1.	Kade Government Hospital	2017 till date	Nursing Administration and
			Male ward
2.	Kwahu Government Hospital	2013 - 2016	Surgical ward
			Children's ward
3.	Korle-BU Teaching Hospital	2005 - 2012	Surgical/ medical emergency unit
4.	Koforidua Regional Hospital	2003 - 2005	Emergency unit

### EDUCATION

Grace Asare completed her primary school education at the Suhum Local Authority basic school in 1995 after which she attended the prestigious Aburi Girl's Senior High School from 1996 to 1998. She successfully passed her Senior Secondary School Certificate Examination and gained admission to the Koforidua Nursing Training College in 1999. Grace Asare was awarded a Diploma in nursing after completion in 2002 and she went on to complete her obligatory nursing rotations (after training) in general surgery, pediatrics, obstetrics and gynecology internal medicine and emergency unit in 2003. She pursued a Bachelor's degree in general nursing at the Presbyterian University College from 2008 to 2011. Grace Asare then successfully completed a Master's Degree in general nursing at the Ternopil Medical University in 2015. She is currently pursuing her PhD in Nursing at the Texila American University and will complete in 2025. Her educational background is as summarized below.

NO	INSTITUTION	QUALIFICATION	YEAR	
			FROM	TO
1.	Texila American University	PhD in Nursing (Candidate)	2022	2025
2.	Ternopil State Medical University	Master of Science in Nursing	2013	2015

3.	Presbyterian University College	Bachelor's degree in general, Nursing	2008	2011
4.	Nurses Training College - Koforidua	General certificate in Nursing	1999	2002
5.	Aburi Girls Senior High School	Senior Secondary Certificate of Education or O-Level Certificate (SSCE)	1996	1998
6.	Suhum Local Authority Primary School	Basic certificate of Education (BECE)	1986	1995

## **RESEARCH EXPERIENCE**

Grace Asare is research oriented and is passionate about evidence-based practice of nursing. She is therefore interested in research activities and has a number of publications to her name as she has co-authored some scientific papers. Her research experience is as illustrated bellow.

## **RESEARCH EXPERIENCE**

1. A Health Facility-based Analytical cross-sectional Assessment of Factors Influencing Birth weight in Kwaebibirem.
2. A health surveillance data-based assessment of the impact of routine pediatric rotavirus vaccination on all-cause acute childhood diarrhea.
3. An Analytical Cross-Sectional Assessment of Prevalence and Factors Associated with Preterm Births; A Health Facility-Based Retrospective Review.
4. A Retrospective Cross-Sectional Analysis of the Effects of Peripheral Maternal Systolic and Diastolic Blood Pressure on Birth Weight.
5. Religious mandatory premarital HIV testing; assessment of perceptions on ethical concerns among healthcare workers in kwaebibirem.
6. A Training institution-based assessment of Choices and perceptions of the nursing profession and analysis of career progression perspectives among final year nursing and midwifery students.
7. Trends and Determinants of Internal Professional Nurse Attrition – 2015 (Masters' thesis)

## **INTERESTS AND HOBBIES**

### **1. INTERESTS:**

- i. Mentoring students, rotation nurses and newly posted staff.
- ii. Solving problems.
- iii. Participation in clinical programs at the hospital.
- iv. To routinely review hospital records and health facility-based indicators to identify researchable areas that would directly impact on Preventive, Curative and Rehabilitative aspects of Health Work in general.

**2. HOBBIES:**

- i. Spending quality time with family.
- ii. Counseling in Christian Relationships, Courtship and Christian marriages
- iii. Singing
- iv. Listening to music

**ADDITIONAL SKILLS**

Language skills:

- i. English
- ii. Finnish
- iii. Akan (Fante and Twi)