

CURRICULUM VITAE

OPHELIA NUEKIE TERKPER

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SUMMARY

Efficient, innovative and patient – oriented general nurse with 18 years working experience, supporting healthcare initiatives and daily hospital operations. Proven leader with a track record of mentoring junior staff and improving patient care.

A highly motivated team player with excellent written and verbal communication skills, attention to detail and passionate for achieving results and goals.

CAPABILITIES

- Strong attention to detail
- Excellent writing and communications skills
- Leadership and team management
- Strong analytical skills
- Empathy and patient advocacy
- High sense of responsibility and ability to take initiative
- Strong Conflict Resolution Capabilities

WORKING EXPERIENCE

DECEMBER 2020 to date: Principal Nursing Officer
Bibiani Municipal Hospital

- Coordinate with unit in-charges to manage nursing activities
- Conducts interviews for aspiring nursing students
- Ensuring that junior staff are appraised
- Organizes in-service trainings
- Participates in weekly nurse managers' meeting
- Conducting orientation for newly posted nurses and midwives and national service persons (rotation nurses and midwives)
- Oversees activities of the Nurse-Mid Administration
- Participates as an examiner of NMC Nursing Practical exams
- Supervising junior staff and ensuring their growth.
- Participates in matriculation and graduation ceremonies of student nurses.
- Acting as the DCDNS

JUNE 2015 to DECEMBER 2020: Senior Nursing Officer
Bibiani Municipal Hospital

- Conducting monthly ward meetings.
- Participating in general ward rounds.
- Home visits and follow – up care
- Naso – gastric tube feeding.
- Care of urethral catheter.
- Assessing intravenous line.
- Assisting physicians to carry out advanced procedures.
- Admitting and discharging patients.
- Taking inventory
- Ward in – charge
- Supervising junior staff and ensuring their growth
- Ensuring that monthly reports are done

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JUNE 2015 to DECEMBER 2020: Nursing Officer Bibiani Municipal Hospital

- Practices comprehensive nursing care in accordance with professional values and moral principles and maintains confidentiality as appropriate.
- Prioritizes client's needs and delegates aspects of nursing care to other nursing personnel within his/her scope of professional responsibility.
- Performs nursing care in response to clients' needs supported by nursing knowledge, research and reflective practice.
- Documents the nursing care of each client from admission to discharge in accordance with the general principles and legal requirements for documentation.
- Promotes an environment which maximizes client safety by utilizing infection control practices and implementing the standards of clients' safety programs.
- Collaborates with the multidisciplinary team and acts as a client advocate to ensure high quality client care.

DEC. 2005 to JUNE 2006: Rotational nurse / Nurse – intern

Sogakope Comboni Hospital

- Rotated as a nurse – intern through medical ward, surgical ward, obstetric and gynaecological ward, paediatric ward, theatre, public health nursing, accident and emergency nursing, eye clinic, dental clinic, and psychiatric ward in a period of one year to acquire skills at each of the stated units.
- Checking vital signs.
- Caring for urethral catheter.
- Wound Dressing
- Health talks.
- Involved in community outreaches.
- Administration of medications.
- Assisting in advanced procedures.
- Taking blood/urine samples for investigations.

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EDUCATION, TRAINING AND CERTIFICATIONS

JAN. 2021 – SEPT.2022	-	Kwame Nkrumah University of Science & Technology Master of Science in Public Health
NOV. 2022 – DEC.2022	-	Kwame Nkrumah University of Science & Technology Leadership for Health System Transformation
NOV.2010 – NOV. 2012	-	Kwame Nkrumah University of Science & Technology Bachelor of Science in Nursing
JAN.2009	-	University of Ghana Diploma in Nursing
SEPT. 2002 – SEPT. 2005	-	Ho Nurses Training College Certificate in Nursing

WORKSHOPS AND SEMINARS

Nurse Manager Seminar

A -two- day workshop on malaria

Emergency Triage Assessment and Treatment (ETAT)

Helping babies breathe

COVID – 19 awareness

Understanding the role of a health care giver

Person / Patient centered care

Writing of ward report

S.N.O and N.O Training

ACHIEVEMENTS AND ACCOMPLISHMENTS

- Together with management, through proposal writing, the facility was able to acquire a new Reproductive Health Clinic
- Wrote proposals to individuals and mining companies to seek for funds to refurbish the Neonatal Intensive Care Unit and Kids ward of Bibiani Municipal Hospital. The unit was in dilapidated state as the last painting was done in the early 2000s. The unit also had broken babies cot, limited bed sheets, no chairs for both children and their relatives. In June 2020, the unit saw a massive facelift boasting of a paediatric - friendly environment.
- 2 – Fourty feet container secured to be used as stores from Mensin Gold Mines.
- Proposals were written to the mining companies for roads leading to Female and Maternity wards to be fixed. In February 2024, the road was fixed.
- Assisted the Diabetic and Hypertensive clinic to write proposal to secure assistance from an NGO group who provide glucometers and glucose strips, and periodically provide training to ensure the smooth running of the unit.

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- Proposed to the CEO OF LATEX FOAM LIMITED, Western North Region to be a friend to the Paediatric unit. The company has furnished the mothers hostel of the unit allowing them to practice Kangaroo mother care. The company also pays bills of paediatric clients who are financially handicapped.
- Assisted the head of the Antenatal Care Unit of Bibiani Municipal Hospital in acquiring a mini laboratory.
- Proposed to management on the essence of having building extension at the maternity block of Bibiani Municipal Hospital – which is 80% complete.
- Assisted the Maternity ward of Bibiani Municipal Hospital in securing two television sets.
- Weekly radio talks on both social and general health issues.
- Championing menstrual hygiene in schools in the Bibiani – Anhwiaso – Bekwai Municipality.
- Solicits for funds from mining companies for newly diagnosed women with breast cancer who cannot afford treatment
- Voluntarily led a team of 5 members in the sensitization of the community members of Sogakope on Cellulitis
- Last quarter 2024 to end of 2025 1st quarter, assisted two clients to have Oesophagus repaired and one client sent to India for hole in heart repair.

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LEADERSHIP ROLES

2022 – Date	-	Bibiani Municipal Hospital Nurse Manager
2020 - 2024	-	Bibiani Municipal Hospital Nurse – mid Administration Block In – Charge, Male and Female Ward Core Management Team Member
2017 – 2020	-	Bibiani Municipal Hospital In – Charge, Outpatient Department
2015 – 2017	-	Bibiani Municipal Hospital In – Charge, Accident and Emergency Ward
2014 – 2015	-	Bibiani Municipal Hospital In – Charge, Female Ward
2009 – 2014	-	Bibiani Municipal Hospital Head of Paediatric Ward
2005 – 2008	-	Sogakope Comboni Hospital In – Charge, Standard Ward

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RESEARCH

The responsiveness of referral system for Primary Healthcare in the Bibiani Community

REFEREES

Miss Evelyn Sarah Appiah

Chief Nursing and Midwifery Officer, Western North

Tel: 0244524355

Dr. Peter Adjei Baffour

Head of Public Health Department

Kwame Nkrumah University of Science and Technology

Tel: 0244049594

Dr. Peter Twum

Senior Lecturer / Project Supervisor

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